

**Even when we have our day planned out, life can sometimes take us by surprise. No matter what, it’s always good to know you have support.** Any time, any day, you have free, confidential access to EAP consultants and online resources to help you with these and other needs:

- Mental health and wellbeing

- Child care, elder care, and family support

- Work and career growth

- Grief and addiction

- Legal and financial needs

- Pre-qualified referrals to providers, specialists, and resources

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**EAP For Life’s Expected and Unexpected Moments**

**WHATEVER YOU NEED, WE ARE HERE TO HELP.***Just call or log on to get started.*

**TOLL-FREE: 1-800-624-2593**

**WEBSITE: www.nationaleap.com**

**COMPANY CODE: Your Company Name**

**YOUR EMPLOYEE ASSISTANCE PROGRAM**

Available any time, any day, your Employee Assistance Program is a free, confidential program to help you balance your work, family, and personal life.

**2020**