

LET US HELP

TOLL-FREE: 800-624-2593

WEBSITE: www.nationaleap.com

USERNAME: YOUR COMPANY NAME

PASSWORD: YOUR COMPANY NAME

Always Available | Free | Confidential



Exploring Nature

Taking new paths into the outdoors

Being in nature may reduce stress and increase positive feelings. Find ways to get outside and enjoy nature. We can help.

JUNE 2022

YOUR EMPLOYEE ASSISTANCE PROGRAM