



# EAP FOR ALL ASPECTS OF LIFE

**LIFE HAPPENS.**  
**WE UNDERSTAND.**  
**YOU ARE NOT ALONE.**

Even when we have our day planned out, life can sometimes take us by surprise. No matter what, it's always good to know you have support to help you move forward.

## **YOUR EMPLOYEE ASSISTANCE PROGRAM**

24/7/365 access to EAP counseling services and online resources for you and your immediate family members.

- ✓ Mental health and wellbeing
- ✓ Child care, elder care, and family support
- ✓ Work and career growth
- ✓ Grief and addiction
- ✓ Legal and financial needs
- ✓ Pre-qualified referrals to providers, specialists, and resources



U:  
PW:  
[www.nationaleap.com](http://www.nationaleap.com)

**Need Help?**  
**TOLL-FREE: 1-800-624-2593**  
Just call or log on to get started